

ONKOPSZICHOLOGIAI BEAVATKOZÁSOK HATÉKONYSÁGVIZSGÁLATA A FEJ-NYAK DAGANATOS BETEGEK ÉLETMINŐSÉGE SZEMPONTJÁBÓL

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Abstract: Psychooncological and psycho-social intervention in oncological rehabilitation, based on confirmed results of several controlled studies, is proved to reduce psycho-social risks and to enhance health related quality of life among head and neck cancer patients. This article aims to discuss the effectiveness of psychooncological interventions but it also outlines the psycho-social aspects of head and neck cancer disease and the characteristics of positive psycho-social rehabilitation in oncology which is also cost-effective in perspective of relatively low investment and high, multiplied health related benefits.

Keywords: psycho oncology, psychotherapy, effectiveness analyses, head and neck cancer