

A flow élmény megélése, mint a pedagógiai siker alapfeltétele

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Abstract

The flow enables the activities to be experienced as joyful ones. The personality and professional knowledge of the teacher helps the students learn in an enjoyable way. The intrinsic work motivation of the teacher also contributes to the development of the flow in their students. In our research we investigated the rate of flow and anti-flow, like anxiety, boredom, apathy experienced by the students of pedagogy at the University and in other life areas (among friends, in family, during free-time activities and at the workplace).

Key words:

flow and anti-flow, education, the onion model