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## Prepubertáskorú gyerekek szexuális nevelésére kidolgozott, prevenciós jellegű program bemutatása és értékelése

### **Abstract**

Our study is composed of two research parts. The first is about fourth-grade children's and their parent's attitudes concerning to sexual health education. Altogether 154 children and 128 parents participated in the research. They had to fill out two different surveys. Our results show significant difference between mothers' and fathers' efforts toward their children's sex education, mothers being more involved in this problem, than are fathers.

The second study describes and evaluates a school-based sex-education program, designed for preadolescent children, following concepts of the *Canadian Guidelines for Sexual Health Education* (Health Canada, 2003). Therefore our program is structured on four main factors: knowledge acquisition, positive attitudes related to sexual health promoting behavior, assertive communication skills and supportive environment. The experimental group's participants' results show increased sexuality knowledge, more constructive and more realistic attitudes and assertiveness.

### **Keywords**

preadolescence, progressive sex education, parents' education