

**“HOW TO MAKE SENSE” THE POSITIVE
SELF-ESTEEM METHOD - AN EXAMPLE OF
CONSULTATIVE COUNSELLING AND PEDAGOGICAL
PRACTICE FROM PPR AARHUS, DENMARK**

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Abstract: In the following paper we will present the PS method – an example of how you in a simple and applicable way can work with the resources and strengths of the pupil and/or the professionals around the pupil.

The method is based on the systemic approach. In this paper we give a short introduction to the appreciative inquiry from which view the method has been developed. Then we describe how you can work with positive mirroring in order to raise the self esteem of the pupil.

The paper is the result of five years of working with the method in special classes and lately also in the mainstream school.

The appreciative practice and the consultative approach are becoming more and more common in the process of the inclusive school in Denmark. This is an example of one way to work inclusively.